



## **Interview & Media Kit**



**Barry Thomas Bechta**

**[interviews@unconditionallovebooks.com](mailto:interviews@unconditionallovebooks.com)**

**Please email your request for interviews.**

**Please suggests dates and times for  
interviews in your email.**

**The more advance notice included in your  
request to interview can help Barry and  
you coordinate your times together.**

## **Barry Thomas Bechta BIO**

After a period of deep despair, Barry Thomas Bechta had painted himself into a dark corner wherein he could see no door or window out --- except to go within.

It was through self-reflection and a sincere reaching towards the Creative Power within himself that Barry made a lasting connection with God/Life/Energy, and more importantly a promise to himself.

*"If I can find how I led myself to my pain, and a way to heal my pain, I wish to share that wisdom with others."*

In response to that promise, Barry's experience unfolded and showed him that he was the cause of his pain through his personal Thoughts, Feelings, Words, and Actions.

Through hours of mediation and self-reflection and encouraged by a book of positive thoughts, Barry began to write a personal affirmation journal. It started as one single page (which he would read daily or when he struggled) and eventually expanded into a full journal (which he read daily or when he struggled).

A close friend encouraged Barry to share his journal as a book. Barry published this first book in August, 2000, entitled, *I AM Creating My Own Experience*. Since that date, Barry has gone on to Create many books:

- I AM Creating My Own Experience
- I AM Creating My Own Answers
- I AM Creating My Own Dreams
- I AM Creating My Own Relationships
- I AM Creating My Own Abundance
- I AM Creating My Own Success
- I AM Creating My Own Happiness
- I AM Creating My Own Experience - The Creation Vibration
- I AM Creating My Own Experience - To Manifest Money
- I AM Creating My Own Experience - 366 Conscious Days
- Loving Oneness
- Trust Life
- I AM Creating My Own Debt FREE EBook
- I AM Creating My Own Financial Freedom - The Story
- I AM Creating My Own Financial Freedom - The Lessons
- I AM Creating My Own Results Workbook
- Loving Myself – Simple Ways to Improve My Most Important Relationship – THE ONE WITH YOU **Author Binah C Godisall (illustrations by Barry)**

Each of Barry's books is a snapshot of his Self-Creation & Spiritual journey to Consciously Manifest his life as he desires it Right Now, and more importantly these books are wisdom tools for others to Create their lives as they desire them Right Now.

## Barry Thomas Behta Interview Starter Questions

### 5 Minute Interview (starter questions)

- 17 books based on the theme **I AM Creating My Own Experience**. What does creating our own experience really mean?
- What is our **Creation Vibration**?
- What one **IDEA** has changed your life more than any other thing?
- Why are **Feelings** more important than the **Forms**?

### 15 minute Interview (additional questions)

- What are the **4 Creative Powers** people use?
- How do **Beliefs and Actions Create Our Results**?
- What are the **4 Excuses** people most often use?
- What are the **4 Actions** people can use?
- How can **Action and Feedback** transform our lives?

### 30 – 60 minute Interview (additional questions)

- What are the **7 Relationship Rings**?
- How are we the **DJ** of our life?
- Can you explain the concept, “**woe is me**” and “**WOW IS ME**”?
- How can you describe the **Law of Attraction** as the Law of Attention?
- What is the difference between the **Power of Now** and the **Power of Focus**?
- What is the reason for **Will Power** in our lives?
- What are our **Deepest Heartfelt Most Secret Beliefs**?
- What is the **3 Step Creation Process**?
- What is your definition to the words, **God** and **ego**?
- How can we use our **Emotions** to improve our life?
- How do we utilize all of these tools to **Create our Experience of Health, Wealth, and Relationships**?

### How Can People find out more about your work Barry?

- **Sign up for my Free ebook and newsletter at [unconditionallovebooks.com](http://unconditionallovebooks.com)**
- What is your favourite Albert Einstein Quote?

*“I think the most important question facing humanity is, is the universe a friendly place? This is the first and most basic question all people must answer for themselves.” ~-Albert Einstein~-*

**Barry’s has answered this question for himself, “Life is set up for everyone to win!”**